

Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Older children</i>					
Breakfast	Weetabix White toast Milk or Water	Porridge Homemade Brown Bread Milk or Water	Toast Weetabix water Milk or	Porridge Scones Home made Milk or Water	Weetabix White Toast and Milk or Water
Allergens	Wheat,Barley,gluten	Oats,milk, egg	Wheat,Barley,gluten	Oats, dairy, gluten	Wheat, Barley, gluten,
Dinner	Chicken & vegetable Curry & Rice	Sausage Mash & Beans	Beef Stew, Root veg & mash	Boiled ham, carrot, turnip mash& white sauce	Pasta Bolognaise
Allergens	milk,Sulphure Dioxide	Wheat,Sulphur Dioxide, milk,gluten,soya	Milk,soya,gluten	Milk Sulphur Dioxide	Gluten,Milk Celery
Dessert	Natural Yogurt & Berries	Homemade Cookies	Jelly	Ice Cream Cones	Homemade Fairy Cakes
	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water
Allergens	Milk,soya	Milk,soya	milk	soya,gluten,milk	gluten,egg,milk
Tea	Red Lentil Soup	Macaroni Cheese	Crackers,apples & Cheese	Brown Soda Bread,Ham & Banana	Waffles & Spagetti hoops
	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water
Allergens	egg,gluten,milk, celery	gluten,milk	wheat, gluten,milk, soya	Egg,sulphr dioxide, gluten	Gluten, milk
<i>Babies</i>					
Dinner	Curry & Mash/Rice	Salmon,Mash& Broccoli	Beef stew with potatoes and vegetables	Boiled ham, carrot, turnip mash& white sauce	Pasta Bolognaise
	Water	Water	Water	Water	Water
Allergens	milk,Sulphure Dioxide	Fish	Milk,soya,gluten	Milk Sulphur Dioxide	Gluten,Milk Celery
Tea	Natural yogurt with berries	Carrot & Red Pepper Soup& BB	Porridge & Fruit Puree	Apple& pear puree	Potato & Leek Soup
	Water	Water	Water	Water	Water
Allergens	Milk,soya	Milk,egg,gluten	Milk, Gluten		Celery,milk,eggs gluten
We offer a wide range of in season fruit to the children every morning with breakfast					
			Week 2		
	Monday	Tuesday	Wednesday	Thursday	Friday

<i>Older children</i>					
Breakfast	Porridge Milk Toast	Weetabix Fresh scones and Milk or Water	Porridge White toast and Milk or Water	Weetabix Brown Bread and Milk or Water	Porridge Brown Toast Milk or Water
Allergens	Oats,milk, egg	Gluten, Milk, Wheat,Barley, Eggs	Oats,gluten, Milk, Soya	Wheat,Barley, Gluten, Milk, Soya	oats, gluten, milk, Soya
Dinner	Pasta Bolognaise	Chicken Casserole	Ham, potatoes, turnip Carrot and white sauce	Beef stew with potatoes,and Root vegetables	Chicken goujons with chips and beans
Allergens	Gluten,Milk Celery	Milk, Gluten, Soya,celery	Sulpher Dioxide ,milk	Gluten, Milk, Soya	Gluten, ,egg
Dessert	Jelly	Rice Krispie Bun	Ice Cream	Oaty Flapjack	Sponge Cake
	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water
Allergens	Milk	Gluten,Milk	Milk,soya	Milk,gluten,soya	Milk,Eggs,Gluten
Tea	Toast & Spagetti	Potato Croquettes,Ham& Bread	Pasta & Dipping sce	Ham grapes,banana& Bread Rolls	Scones,Jam,Yogurt&fruit
	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water
Allergens	Wheat,Gluten, Milk, Soya	Milk, wheat,gluten,lactose	Gluten, Milk	Gluten, Wheat, Milk,sulphur dioxide	Gluten, milk,eggs&soya
<i>Babies</i>					
Dinner	Pasta Bolognaise	Chicken Casserole	Ham, potatoes, turnip Carrot and white sauce	Beef stew with potatoes,and Root vegetables	Chicken goujons with mash and beans
	Water	Water	Water	Water	Water
Allergens	Gluten,Milk Celery	Milk, Gluten, Soya,celery	Sulpher Dioxide ,milk	Gluten, Milk, Soya	Gluten, ,egg
Tea	Apple & Cinnamon Puree	Banana & Natural Yogurt	Butternut squash soup	Carrot&Orange puree	Porridge & Raspberry puree
	Water	Water	Water	Water	Water
Allergens		soya, milk	Milk,egg,gluten		Milk,gluten,barley,oat
We offer a wide range of in season fruit to the children every morning with breakfast					
			Week 1		
	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Older children</i>					

Breakfast	Weetabix toast White Milk or Water	Porridge Bread Homemade Brown Milk or Water	Weetabix Milk or water Toast	Porridge Scones Home made Milk or Water	Weetabix and White Toast Milk or Water
Allergens	Wheat,Barley,gluten	Oats,milk, egg	Wheat,Barley,gluten	Oats, dairy, gluten	Wheat, Barley, gluten,
Dinner	Ham, potatoes, turnip Carrot and white sauce	Cod Goujons corn,peas & mash	Cottage Pie with Broccoli	Cheesy Chicken,peas & Pasta	Beef stew with potatoes,and Root vegetables
Allergens	Sulpher Dioxide ,milk	Gluten,sulphur dioxide	Gluten,soya	Milk,gluten,soya,	Gluten, Milk, Soya
Dessert	Ice Cream cones Milk or Water	Lemon Sponge Milk or Water	Rice Krispie Buns Milk or Water	Banana Milkshake Milk or Water	Choc Chip cookies Milk or Water
Allergens	Milk,soya,gluten	Milk,eggs,gluten	Gluten,milk,soya	milk	milk ,gluten
Tea	B bread,Ham,Berries & Yougurt Milk or Water	Scones,cheese, & Bananas Milk or Water	Beans & toast Milk or Water	Vegetable Soup & BB Milk or Water	Sausages & Bread Milk or Water
Allergens	Milk,soya,gluten,egg	Milk,eggs,gluten	Gluten	Gluten	Wheat,sulphur dioxide,milk,gluten & Soya
Babies					
Dinner	Ham, potatoes, turnip Carrot and white sauce	Salmon,Mash &Broccoli	Cottage Pie with Broccoli	Cheesy Chicken,peas & Pasta	Beef stew with potatoes,and Root vegetables
Allergens	Sulpher Dioxide ,milk	Fish	Gluten,soya	Milk,gluten,soya,	Gluten, Milk, Soya
	Water	Water	Water	Water	Water
Tea	Carrot & Red Pepper Soup	Pear & Strawberry puree	Leek & Potato Soup	Natural Yogurt & Berries with mashed banana	Porridge & Fruit Puree
Allergens	Gluten & Egg		Gluten & Egg	Milk ,soya	Oats.

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